

BACK TO BASICS

Electronic Fetal Monitoring

WHEN

- Provider orders
- Presence of risk factors
- Clarification and assessment of indeterminate or abnormal pattern

HOW

- Perform Leopold's maneuvers
- Verify and document maternal pulse
- Apply electronic fetal monitor
- Assess fetal heart rate (FHR) - baseline, variability, accelerations and decelerations (periodic and episodic changes)
- Assess uterine activity - palpate and visually assess contraction frequency, duration, intensity, and uterine resting tone
- Determine tracing Category (I, II, or III)
- Evaluate pattern evolution

COMMUNICATE

- Document FHR characteristics, uterine activity, management, and interventions
- Communicate to all perinatal team providers
- Communicate with patient, partner and family, asking for their input



AWHONN

PROMOTING THE HEALTH OF
WOMEN AND NEWBORNS

awhonn.org